

#### **EIGHTEEN TO TWENTY ONE YEARS**

Name		Date
Weight	Height	Body Mass Index

### Office Hours: We are available 24 hours a day, 365 days a year!

- Monday-Friday: 8:30am-5:30 pm (later as needed to accommodate urgent visits)
- Saturdays and Holidays: 9am-12pm (later as needed to accommodate urgent visits) Urgent visits only
- Sundays: Mornings (office times vary) Urgent visits only

## <u>Telephone Coverage:</u> Longwood Pediatrics has 24-hour telephone coverage.



### Please ALWAYS call us before going to any emergency room.

- Monday-Friday: 8:30am-5:30pm to schedule appointments or leave a message for the nursing staff. This is the best option for general medical questions and to make appointments.
- Saturdays, Sundays, and Holidays: 9am 12pm to schedule an urgent appointment please call early in the day.
- After regular business hours: After hour calls are answered by well-trained pediatric nurses who follow protocols approved by Longwood Pediatrics. Please restrict calls to urgent medical issues only.

#### **Appointment Scheduling:**

- Well Visit/Checkups: Our schedules are open one year in advance for routine well visit appointments. Schedule next year's well visit, today!
- Sick Visits: It is best to call the office early in the day to schedule an appointment. If you are not sure that your child needs to be seen, you may leave a message for our nursing staff and a nurse will call you back within an hour.

# **Communication:**

Did you know that you can contact Longwood Pediatrics by email to request non-urgent appointments, medication refills, immunization records, and communicate with your child's provider? Sign up at the front desk today!

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